



What? What is getting your attention? What are you learning and what is changing for you? What additional questions do you have or are you curious about? What assumptions are being challenged?

Gut? What are you feeling are you in response to what you are learning and what is changing? What has you most engaged?

So what? What meaning are you making of what you are learning? What is most relevant to your current challenges and opportunities and why?

Now what? What specific actions will you take in response to what you are learning? What new practices and habits will you incorporate into your work? What adaptations do you and your team need to make to stay relevant and continue to deliver value to your customers and stakeholders?

